

# The Canadian Montessori Teacher Education Institute

## Sensorial Activities leading to Mental Development

Daniel Jutras, Ph.D. Master Teacher



**"The senses, being explorers of the world, open the way to knowledge."**

*Maria Montessori*

# TABLE OF CONTENTS

## SIGHT

### A. Sizes

- Cylinder Blocks (solid insets or knobbed cylinders)
- Pink Tower
- Broad Stair
- Red Rods
- Knobless Cylinders

### B. Colours

- Colour tablets, box #1 (Primary Colours)
- Colour tablets, box #2 (Secondary Colours)
- Colour tablets, box #3

### C. Sizes and Colors

- Binomial Cube
- Trinomial Cube

### D. Shapes

- Geometric Cabinet - Presentation Tray
- Geometric Cabinet - 6 Drawers
- Geometric Cards
- Constructive Triangles – Triangular Box
- Constructive Triangles – Rectangular Box
- Constructive Triangles - Large Hexagonal Box
- Constructive Triangles - Small Hexagonal Box
- Constructive Blue Triangles

### E. Shapes and Colors

- Pythagoras's Square

### F. Shapes and Sizes

- Geometric solids
- Bases for Geometric solids

# TABLE OF CONTENTS

## **TOUCH**

### **A. Rough to Smooth**

- Rough and smooth board #1
- Rough and smooth board #2
- Rough to smooth board # 3
- Rough to smooth tablets
- Fabrics Box
- Sponges for pressure

### **B. Stereognostic bags**

- Stereognostic bag 1,2,3,4
- Mystery Bag
- Sorting (with eyes closed)

### **C. Weight**

- Baric Tablets

### **D. Temperature**

- Thermic Tablets

## **SMELL**

Smelling - Smelling Jars

## **TASTE**

- Tasting liquids
- Tasting solids

## **SOUND**

- Hearing - Sound cylinders
- Hearing – Bells